



DOLLY AND HAND TRUCK SAFETY CHECKLIST

Do:

- Select the right size and shape hand truck for the job.
- Lift onto the truck so your legs, not your back, do the work.
- Place heavy objects on the bottom.
- Position the load forward over the truck's axles.
- Secure any bulky, awkward, or delicate objects to the truck.
- Get a firm grip on the handle.
- Move with your back straight, knees bent.
- Lean in the direction you're going.
- Keep the load ahead of you when you go downhill.
- Be alert to other vehicles, obstructions, and edges of platforms and loading docks.

Don't:

- Pile a load so high you can't see over it.
- Pull a four-wheeled truck—push it.
- Run—walk.
- Walk backwards unless it's necessary.

Rope

Do:

- Inspect rope regularly—daily if it's been around acid.
- Select a rope that can handle the load.
- Store rope in a fairly dry area with good air circulation.
- Clean rope before storing it.
- Splice pieces of rope rather than knotting them together.

Don't:

- Keep a rope that won't stretch or looks dry or brittle.
- Let rope freeze; if it gets wet, dry it in a warm area.
- Kink or drag rope.
- Keep rope near acids.



Strapping

Do:

- Wear gloves, safety shoes, and safety goggles or glasses.
- Test strapping to make sure it can handle the planned load.
- Make strapping taut—not too loose and not too tight.
- Cut off any dangling ends.

Don't:

- Lift by the strap unless it's designed for that purpose.
- Use hammers or pry bars to cut straps; use cutters.